



We wanted to pass on the idea that the founders are offering the Super Hero Kids video for families to watch for free until the end of April. This is the curriculum we use each year to teach personal safety.

This may be an important time for parents/trusted adults to watch the video with their children to have discussions about when they feel uncomfortable, if someone breaks "The Feelings Rule" or "The Swimsuit Rule", and what to do if that happens.

Also included are some recent links that discuss the potentially increased risk and vulnerabilities due to the situations around Covid-19.

Link to free video https://www.notmetraining.com/video

Kare 11 Link: <u>https://www.kare11.com/article/news/health/coronavirus/kare-11-investigates-covid-19-puts-kids-more-at-risk-for-abuse-exploitation/89-44073e7d-2cd4-4d4d-9725-72ba71953f3b</u>

FBI Press Release <u>https://www.fbi.gov/news/pressrel/press-releases/school-closings-due-to-covid-19-present-potential-for-increased-risk-of-child-exploitation</u>